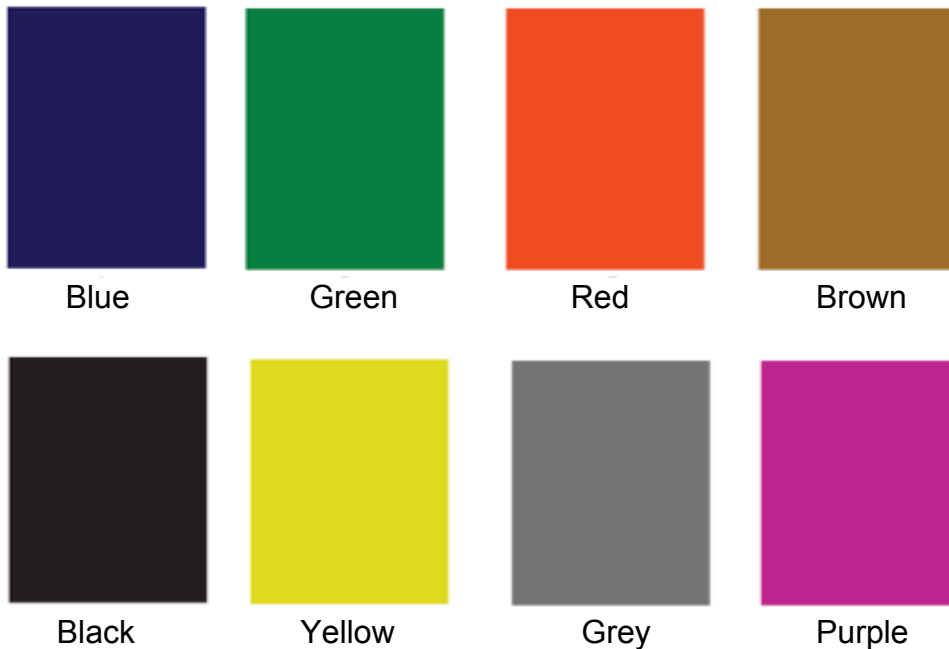


THE LÜSCHER COLOUR STRESS TEST

This very simple test will take you no more than a couple of minutes. It uses the basic Lüscher Colour Test and was developed by Dr. Max Lüscher almost 50 years ago. He based it on our primitive response to colours backed up by many hundreds of psychological profiles. Study the blocks of colours below, then mark your preference ranking on the table. The colour you like the most, not for your clothing, your car or room decorations but just which appeals to you the most as number 1. Then record number 2 and so on up to number 8, the one you like the least. Repeat this in the second table to allow you to have a second choice that may be the same or different from your first.



Your colour preference choices:

First ranking:

RANK	1.	2.	3.	4.	5.	6.	7.	8.	Score
Blue									
Green									
Red									
Brown									
Black									
Yellow									
Grey									
Purple									
								Total	

Second ranking:

RANK	1.	2.	3.	4.	5.	6.	7.	8.	Score
Blue									
Green									
Red									
Brown									
Black									
Yellow									
Grey									
Purple									
								Total	

Date: _____ **Forename:** _____ **Surname:** _____